



SONOMA COUNTY MENTAL HEALTH RESOURCES

SRJC Student Health Services

ALCOHOL AND DRUG TREATMENT SERVICES

CERTIFIED OUTPATIENT TREATMENT PROGRAMS:

Drug Abuse Alternatives Center (DAAC)
2403 Professional Drive Santa Rosa, CA

(707) 544-3295

cpdaac.org

- Adults and Youth (12 years old and above), men & women, bilingual/bicultural Spanish available.
- Individual and group counseling for individuals and families.
- Accepts private pay, Medi-Cal/Minor Consent Medi-Cal

Bright Heart Health (Telehealth)

brighthousehealth.com

- Resources, videos, and individual/group therapy for substance addiction.
- Accepts most major insurances and Medi-Cal, Medicare, and Medicaid

LICENSED RESIDENTIAL TREATMENT PROGRAMS

Women's Recovery Services
Santa Rosa, CA

(707) 527-0412

www.womensrecovery.com

- 90-120 days for residential up to 12 months of services ; Accepts private pay (\$4,200), insurance and county-funded clients
- Women and children; Dual Diagnosis Capable

Campobello
3250 Guerneville Rd. Santa Rosa, CA 95401

(707) 579-4066

campobello.org

- Medical Detox, Day/Partial, and Residential Treatment
Accepts private pay and major insurance only (not a low-cost agency)

LICENSED DETOX

Santa Rosa Treatment Program
625 Steele Lane Santa Rosa

(707) 576-0818

www.srtp.net

- Adult Counseling & Support Services for: outpatient substance use, addiction education client's family members
- Medication-Assisted Treatment (MAT) for Opiate Use Disorder – through the use of methadone
- Individualized treatment approaches in Methadone Maintenance and Detoxification programs
- suboxone & Subutex (buprenorphine) medication therapy
- Accepts private pay, MediCal, MediCare, Veterans Affairs and Kaiser



SONOMA COUNTY MENTAL HEALTH RESOURCES

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Cannabis support: 707-583-2326

Zoom and In-person meetings available, contact [Local MJ Anonymous](#) or [National MJ Anonymous](#)

Stepping Stoners

Marin Alano Club, 1360 Lincoln Ave., San Rafael, Ca 94901

- Friday eve. 6:30-7:30pm; In-Person meeting held indoors; Masking & social distancing required; open meeting

Keep Off The Grass

Meeting via Zoom

- Saturday mornings 10am-11am; Open meeting: <https://us02web.zoom.us/j/86322334483>

Additional Open Marijuana Anonymous District 12 virtual meetings:

- Monday evenings 6:30pm: <https://us04web.zoom.us/j/571117028>, Password: 011862
- Tuesday evenings 7pm: <https://us02web.zoom.us/j/89269618424>
- Thursday evenings 8pm: <https://us04web.zoom.us/j/87685812151>
- Sunday evenings 6:30pm: <https://us04web.zoom.us/j/81156175102>

EATING DISORDER RESOURCES

Kaiser Santa Rosa

707-393-4167

Understanding Emotional Eating:

4 sessions \$60 for non-Kaiser members, \$0 for Kaiser members

ANAD Eating Disorders Support

Virtual support groups; hotline; treatment directory

<https://anad.org/>

Bright Heart Health

Telehealth; resources, videos, and individual/group therapy for eating disorders and substance addiction. Inpatient & outpatient services
Accepts most major insurances and Medi-Cal, Medicare, and Medicaid

brighthousehealth.com

ADDITIONAL SUBSTANCE USE RESOURCES

Alcoholics Anonymous (AA)

(707) 544-1300

www.sonomacountyaa.org

Spanish line:

(707) 623-6702

Al-Anon/Alateen

(707) 575-6760

www.ncwsa.org

(friends/family members)

Call or text

Adult Children of Alcoholics (ACA)

(310) 534-1815

<https://adultchildren.org/>

Sonoma county

<https://sonapal-anon.org/>

Narcotics Anonymous (24hr hotline)

(707) 324-4062

www.sonomacountyana.org

Life Ring Secular Recovery

(800) 811-4142

<https://www.lifering.org>

SMART Recovery

support meeting finder

<https://www.smartrecoverytest.org/local/>

SAMHSA Virtual Recovery Resources <https://www.samhsa.gov/sites/default/files/virtual-recovery-resources.pdf>

List of national online resources for Substance Use and recovery. Includes list of groups and meetings