

Student Health Services

Finding a Medi-Cal Community Mental Health Provider in Sonoma County

If you have the “Partnership” Plan (typical for those in Sonoma County):

Go to <https://www.carelonbehavioralhealth.com/>

This brings you to a page called Carelon Behavioral Health, formerly Beacon Health Options.

On a desktop computer, go to the top bar. On a phone click on the three little lines in upper right.

Click on “Find a Provider”

On the next page, where it asks you to enter the first three letters of your health plan, enter PAR.

Then, click on “Partnership Health Plan of California”

Click “Submit”

It may or may not ask you to put in your address.

You should now have a long list of providers. On the desktop version, there are a number of filter options on the left should you want to filter by distance, or tele-health only, or many other options. On the phone search, the filter options are at the very top.

You are now ready to call people on the list. Note that you are likely to get their voice mail. We recommend calling multiple people – as many as 10, as some will not call you back due call volume, and others may tell you they have no openings. But if you call a bunch of people, you will find someone, even if it takes making a bunch of phone calls.

If you have the Kaiser Plan:

Call Kaiser for services.

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