



SONOMA COUNTY MENTAL HEALTH RESOURCES

SRJC Student Health Services

If you are experiencing a psychiatric emergency, please call 988 or go to The Crisis Stabilization Unit at 2225 Challenger Way, Santa Rosa 95407

NOTE: All community agencies are providing tele-therapy and some also in-person services

SONOMA COUNTY DEPARTMENT OF HEALTH SERVICES

Behavioral Health Services

2225 Challenger Way, Santa Rosa 95407

For individuals with serious and persistent mental disorders. Accepts Medi-Cal and Medicare ONLY

(707) 565-6900 24hr ACCESS line

<https://sonomacounty.ca.gov/health/behavioral-health/>

SLIDING SCALE/LOW COST/FREE THERAPY

Lomi Psychotherapy Clinic

320 10th Street, Suite 200, Santa Rosa 95401

Sliding scale down to \$50 with no session limits

MediCal, Medicare. Periodic free therapy with session limits

Individual & group therapy; children & adults

Call (707) 579-0465 or email info@lomi.org

www.lomi.org

SOS Community Counseling

319 South E Street, Santa Rosa

Sliding scale down to \$40; no session limits; age 5+

Santa Rosa, Rohnert Park, Cloverdale locations

Expecting MediCal in future; average waitlist time 1-2 months

Free therapy w/session limits for those w/job loss or disability

(707) 284-3444

www.soscounseling.org

Jewish Community Free Clinic

50 Montgomery Drive Santa Rosa

Solution Focused Brief Therapy- 8-12 Sessions

Only mild-moderate issues; typically no wait list

Services for anyone; No cost

(707) 585-7780

www.jewishfreeclinic.org

Petaluma People Services

1500 Petaluma Blvd S, Petaluma

Sliding scale available as low as \$15- can take Medi-Cal

No session limits; Waitlist 1-2 months; Spanish (longer wait-list)

(707) 765-8488 x400 or intake@petalumapeople.org

www.petalumapeople.org

Humanidad

1260 N Dutton Ave Suite 230, Santa Rosa

Individual therapy, couples, families, children 12+, group.

Bilingual services available; Takes MediCal

Low fee Sliding scale as low as \$25, no session limit

Typically a short waitlist

(707) 525-1515

www.srosahtes.org

La Luz Bilingual Center (Bilingual available)

17560 Greger Street, Sonoma

Free/MediCal if from Sonoma Valley (City of Sonoma, Glen Ellen, Boyes Hot Springs)

Often short wait list; may have session limits; Therapists are from Humanidad

(707) 938-5131

www.laluzcenter.org

SANTA ROSA COMMUNITY HEALTH PSYCHOTHERAPY & PSYCHIATRY

All insurance, plus Medi-Cal, plus sliding scale.

Multiple locations.

First visit will be with a primary care doctor who can refer you to their mental health services.

(707) 303-3600

www.srhealth.org

PSYCHIATRY

Siyán Clinical

Most major insurances taken (not MediCal)

(707) 206-7268

<http://siyanclinical.com/>

07/19/2023

FOR LOCATIONS, HOURS & SERVICES PROVIDED BY STUDENT HEALTH SERVICES shs.santarosa.edu 527-4445





SONOMA COUNTY MENTAL HEALTH RESOURCES

SRJC Student Health Services

OTHER GENERAL RESOURCES

<http://211sonoma.org>

OTHER COMMUNITY THERAPY RESOURCES

Carelon Behavioral Health (Formely Beacon)
Individual counseling for individuals with Partnership Medi-Cal

(855) 765-9702
<https://carelonbehavioralhealth.com>

Psych Strategies
1160 North Dutton Ave, Suite 230, Santa Rosa
Not a low-fee agency but does take all insurance except Medi-Cal

(707) 303-3243
www.psychstrategies.com

Sutter Hospice Bereavement
Grief Group therapy <https://www.sutterhealth.org/services/home-health-hospice/grief-support-santa-rosa>
Individual therapy
110 Stony Point Rd., Suite 110 Santa Rosa *FREE*

(707) 535-5780

COMMUNITY SUPPORT GROUPS/RESOURCES

NAMI (National Alliance on Mental Illness) Sonoma County
182 Farmers Lane, Suite 202 Santa Rosa
Support groups for those w/severe & persistent mental disorders *FREE*

(866) 960-6264 warmline
namisonomacounty.org

Men Evolving Nonviolently –peer-led groups
Groups in Petaluma and Santa Rosa
Contribute 1 hr of your pay, \$10/session, and scholarships available

(707) 528-2636
www.sonomacountymen.org

Positive Images – LGBTQ support and peer groups
200 Montgomery Dr., Suite C Santa Rosa
Serving ages 12-39, free support groups and other services

(707) 568-5830
www.posimages.org/

TO THE WEST, SOUTH & THE NORTH

All centers accept MediCal, Medicare, Sliding Scale; limited psychiatry available at some locations.

Petaluma Health Center
1179 North McDowell Blvd. Petaluma

(707) 559-7605
www.phealthcenter.org

Rohnert Park Health Center
5900 State Farm Dr. Rohnert Park <https://phealthcenter.org/services/mental-health/>

(707) 559-7600

Alliance Medical Center
Healdsburg & Windsor locations

(707) 433-5494
www.alliancemed.org

Alexander Valley Regional Medical Center
6 Tarman Drive, Cloverdale

(707) 894-4229
alexandervalleyhealthcare.org

West County Health Centers:
Locations in Sebastopol, Occidental, Guerneville, Forestville

www.wchealth.org

Russian River Counselors
19375 CA-116, Monte Rio:
Therapy only; Insurance, Medi-Cal, Sliding-scale

(707) 865-1200
<http://www.rivershrink.com/>