

## Crisis (Yellow Card) Referrals to Student Psychological Services

Student Psychological Services (SPS) at SRJC offers therapy and crisis support through the SPS offices of Student Health Services located in the Race Health Sciences Building, Room 4017 (first floor) on the Santa Rosa campus and the Richard W. Call Building, Room 610 on the Petaluma campus. We want to support students, faculty and staff when students' mental health issues interfere with academic success.

Outlined below is a process for responding to student distress that becomes evident in your work with students, either through behavioral disruption or obvious emotional symptoms. Yellow Card referrals do receive priority.

### *Faculty & Staff Referral Guidelines*

- If the student is out of control or appears dangerous, call District Police at 527-1000.
- If you are unsure about the best course of action and would like consultation, please contact Bert Epstein, Assistant Director (527-4445) to discuss options about a particular student.
- If you feel a student needs support from Student Psychological Services please refer this student to SPS, and we will make every effort to offer an assessment as needed that day or within 48 hours.
- If you want to make a direct referral be sure to *follow these three steps*:
  1. **Fill out and print** the second page "Yellow Card" for the student to bring to SPS that day.
  2. **Send** or accompany the student to SPS.
  3. **Fill out** the bottom portion of this form **and 1) bring** it to us, **or 2) send** it to us via campus mail, **or 3) fax** it to us at 524-1858, **or 4) email** BOTH [bepstein@santarosa.edu](mailto:bepstein@santarosa.edu) and [bhetcuti@santarosa.edu](mailto:bhetcuti@santarosa.edu). (Both emails are necessary in case one of us is out.) Any information you may be able to offer regarding the behaviors that led to the referral may be useful in the therapy for the student. (If you want to leave a voicemail in addition, please call 527-4445.)

Please remember that SPS services are confidential, and so a student's therapy is legally and ethically protected and private. However, students who arrive at SPS with a Yellow Card are asked if they would sign a release allowing us to acknowledge to you that they have been seen by a therapist here. If they sign, we will contact you.

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<b>Faculty/Staff Name</b>	<b>Phone/email</b>	<b>Date</b>
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<b>Student Name</b>	<b>Student ID</b>
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Reasons for referral and description of disturbance as you see it:

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Hopes/Expectations of student's support through SPS?

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**Urgent Referral to Student Psychological Services (*Yellow Card Referral*)**

Today's Date \_\_\_\_\_

<b>Student's Name</b>			
<b>Student's Phone</b>		<b>Student's ID</b>	
<b>Person Referring Name</b>		<b>Person Referring Dept.</b>	
<b>Person Referring Phone</b>		<b>Person Referring Email</b>	

*To the Student: Please present this to the health center front office staff at  
Santa Rosa Campus: 4017 Race Building (1st Floor), (707)527-4445  
Petaluma Campus: 610 Richard Call Building, (707)778-3919*