



# SONOMA COUNTY MENTAL HEALTH RESOURCES

**Student Health Services** at Santa Rosa Junior College

If you are experiencing a **psychiatric emergency**, please contact  
Sonoma County Mental Health Emergency Services at: (707) 576-8181  
or go to Psychiatric Emergency Services 3322 Chanate Road Santa Rosa 95404

Fall/Spring: SRJC students may access **SPS's Drop-in services** at SRJC Monday through Friday at 1:30 pm on the Santa Rosa campus, and Wednesday & Thursday at 1:30 pm on the Petaluma campus. Summer: SR only Mon-Thu.

## 24 HOUR LINES / CRISIS INTERVENTION

### **Suicidal Thoughts**

(855) 587-6373 [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

### **Veteran's Crisis Line**

(800) 273-8255, press 1 [www.veteranscrisisline.net](http://www.veteranscrisisline.net)

### **Verity** (formerly known as United Against Sexual Assault)

(707) 545-7273 [www.ourverity.org](http://www.ourverity.org)

### **Men Evolving Nonviolently**

(707) 528-2636 [www.sonomacountymen.org](http://www.sonomacountymen.org)

### **Alcoholics Anonymous**

(707) 544-1300 [www.sonomacountyaa.org](http://www.sonomacountyaa.org)

### **YWCA Domestic Violence Services**

(707) 546-1234

Women's Emergency Shelter

(707) 546-7115

## SONOMA COUNTY DEPARTMENT OF HEALTH SERVICES

### BEHAVIORAL HEALTH

(707) 565-6900

3322 Chanate Rd., Santa Rosa, CA 95404

[www.sonoma-county.org/health/about/behavioralhealth.asp](http://www.sonoma-county.org/health/about/behavioralhealth.asp)

For individuals with serious and persistent mental disorders

## SLIDING SCALE COUNSELING & SUPPORT RESOURCES

### **Lomi Psychotherapy Clinic**

(707) 579-0465, ext. 227

534 B Street, Santa Rosa, CA 95401

[www.lomi.org](http://www.lomi.org)

Sliding scale with no session limits; periodic very low cost therapy with session limits; can sign up for MediCal here

### **SOS Community Counseling**

(707) 284-3444

319 S. E Street Santa Rosa, CA 95401

[www.soscounseling.org](http://www.soscounseling.org)

Low sliding scale; mostly brief therapy

### **Chrysalis Community Counseling Services**

(707) 545-1670 ext. 201

1821 Fourth Street, Santa Rosa, CA 95404

[www.chrysaliscounseling.org](http://www.chrysaliscounseling.org)

Provides feminist counseling on a sliding scale for women, men, couples, children and families. No session limits.

### **Santa Rosa Community Health Centers**

[www.srhealthcenters.org](http://www.srhealthcenters.org)

**PSYCHIATRY & PSYCHOTHERAPY AVAILABLE at all 3 locations**

Accepts: Medi-Cal, Medicare, Healthy Families, FamilyPACT, Gateway/CHDP-- & can go there to apply for Medi-Cal

### **Vista Family Services (formerly Chanate)**

(707) 303-8911

3569 Round Barn Circle Santa Rosa, CA 95403

Uninsured or underinsured; drop-in or pre-set appointments

### **Brookwood Health Center (incl. "A" Street Clinic)** (707) 583-8700

(Formerly "Free Clinic") This is a walk-in, first-come, first-served agency

983 Sonoma Ave Santa Rosa, CA 95401

For those who are homeless or uninsured; drop-in services; urgent issues; also a quick point of entry into SR Health Center system

### **Southwest Community Health Center at Lombardi** (707) 547-2222

751 Lombardi Court Santa Rosa, CA 95407

Uninsured or under-insured; pre-set appointments

**ONLINE RESOURCES** There are many other mental health resources available in Sonoma County. An excellent site for online resources is maintained by Sonoma County's Department of Human Services: <http://www.211wc.org/>

FOR LOCATIONS, HOURS & SERVICES PROVIDED BY STUDENT HEALTH SERVICES, GO TO [www.santarosa.edu/StudentHealthServices](http://www.santarosa.edu/StudentHealthServices) OR CALL 524-1595



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## Angela Center

535 Angela Drive, Santa Rosa 95403  
Christian focus; depth psychology; will slide from normal \$75

(707) 528-8578  
[www.angelacenter.com](http://www.angelacenter.com)

## La Luz Bilingual Center (Bilingual available)

17560 Greger Street, Sonoma, CA 95476  
Need to be referred for other bilingual services & then may obtain limited therapy at no cost

(707) 938-5131  
<http://laluzcenter.org>

## Psych Strategies

1160 North Dutton Ave, Suite 230, Santa Rosa (& also in Petaluma)  
Not a low-fee agency but does take all insurance & usually no wait list

(707) 526-8300  
[www.psychstrategies.com](http://www.psychstrategies.com)

## Jewish Family and Children's Services

1360 N. Dutton Ave Suite C, Santa Rosa, CA 95404  
Not low cost but does provide a wide range of therapy services

(707) 571-8131  
[www.jfcs.org/sonoma-county](http://www.jfcs.org/sonoma-county)

## NAMI (National Alliance on Mental Illness)/Sonoma County

100 E street, Suite 214 Santa Rosa, CA 95404  
Support groups & classes for those w/severe & persistent mental disorders; FREE

(707) 527-6655  
[www.namisonomacounty.org/](http://www.namisonomacounty.org/)

## CPI California Parenting Institute

3650 Standish Ave Santa Rosa, CA 95404  
Counseling for kids 3-18; classes for parents

(707) 585-6108  
[www.calparents.org](http://www.calparents.org)

## Men Evolving Nonviolently –peer-led groups

Groups in Petaluma and Santa Rosa  
Contribute 1 hr of your pay, \$10/session, and scholarships available

(707) 528-2636  
[www.sonomacountymen.org](http://www.sonomacountymen.org)

## Positive Images – LGBTQ support and peer groups

312 Chinn Street Santa Rosa, CA 95404  
For teens and young adults

(707) 568-5830  
[www.posimages.org/](http://www.posimages.org/)

## Sutter Hospice Bereavement & Grief Groups/Indiv Counsel

1110 N. Dutton Ave Santa Rosa, CA 95404 \*FREE\*  
<http://www.suttercareathome.org/GriefSupport/NorthBaySupport.html>

(707) 535-5780

## Verity (formerly known as "United Against Sexual Assault")

835 Piner Road, Suite D Santa Rosa, CA 95403  
Indiv counseling + free support groups for sexual assault

(707) 545-7270  
[www.ourverity.org](http://www.ourverity.org)

## Aurora Santa Rosa Hospital

1287 Fulton Road Santa Rosa, CA 95401  
Inpatient, Day Treatment, Intensive Outpatient; Medi-Cal for 21 and under; private insurance

(707) 800-7700  
<http://www.aurorasantarosa.com/>

## TO THE SOUTH & THE NORTH: PETALUMA, MONTE RIO / GUERNEVILLE & CLOVERDALE

### Petaluma Health Center

1179 North McDowell Blvd. Petaluma, CA 94954  
Non-urgent; first establish w/ primary care doc & then see mental health provider; PSYCHIATRY AVAILABLE; apply here for Medi-Cal

(707) 559-7500  
[www.phealthcenter.org/](http://www.phealthcenter.org/)

### Petaluma People Services Center

1500A Petaluma Blvd. South Suite A, Petaluma, CA 94952

(707) 765-8488  
[www.petalumapeople.org](http://www.petalumapeople.org)

### Russian River Counselors accepts Medi-Cal

19375 Hwy 116 Monte Rio (near Guerneville) 95462

(707) 865-1200  
<http://www.rivershrink.com/>

### Alexander Valley Regional Medical Center

4 Tarman Drive, Cloverdale 95425

(707) 894-4229  
[www.avrmcorg.org](http://www.avrmcorg.org)

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# SONOMA COUNTY MENTAL HEALTH RESOURCES

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## ALCOHOL AND DRUG TREATMENT SERVICES

### Certified Outpatient Treatment Programs:

#### **Santa Rosa Treatment Program**

(707) 576-0818

1901 Cleveland Ave., Suite B Santa Rosa, CA

[www.srtp.net](http://www.srtp.net)

- ❑ Adult Counseling & Support Services for: outpatient substance abuse, addiction education to our client's family members, opiate replacement medication therapy using methadone, suboxone & subutex (buprenorphine) medication therapy, alcohol & stimulants abuse.
- ❑ Accepts private pay, Medi-Cal and uses the low end of the sliding scale for billing.

#### **Drug Abuse Alternatives Center (DAAC)**

(707) 544-3295

2403 Professional Drive Santa Rosa, CA

[www.daacinfo.org](http://www.daacinfo.org)

- ❑ Adults and Youth (12 years old and above), men & women, bilingual/bicultural Spanish available.
- ❑ Individual and group counseling for individuals and families.
- ❑ Accepts private pay, Medi-Cal/Minor Consent Medi-Cal, private insurance & county-funded clients

#### **California Human Development (CHD)**

(707) 521-4737

3315 Airway Drive Santa Rosa, CA

- ❑ Outpatient Services for adult men and women. Individual and group counseling. Services offered in light, moderate and intensive levels in both day and evenings.
- ❑ Accepts private pay, Medi-Cal, county-funded and sliding scale clients. No one turned away due to inability to pay.

**Azure Acres & CampoBello** – see listings under Residential on reverse side

### Licensed Residential Treatment Programs:

#### **Turning Point (DAAC) Residential Treatment**

(707) 284-2950

440 Arrowood Drive, Santa Rosa, CA 95403

[www.daacinfo.org](http://www.daacinfo.org)

- ❑ 30-270 days; 134 bed capacity
- ❑ Adult Co-ed program for clients with primary AOD diagnosis; Also, dual-diagnosis track
- ❑ Accepts private pay, (some) insurance, county-funded clients, sliding scale and community beds available. No one turned away for lack of funds.

#### **Athena House (California Human Development Corp.)**

(707) 526-3150

3555 Sonoma Highway, Santa Rosa, CA

- ❑ 6-9 months; 25 bed capacity
- ❑ Adult women (no children).
- ❑ Accepts private pay and county-funded clients

#### **A Step Up (Community Support Network)**

(707) 795-4336

420 E. Cotati Avenue, Cotati, CA

- ❑ 6-9 months; 7 bed capacity
- ❑ Adult co-ed, specializing in Dual Diagnosis. Requires referral from Sonoma County Mental Health Division.
- ❑ Accepts private pay, insurance and county-funded clients.

#### **Women's Recovery Services**

(707) 527-0412

Santa Rosa, CA

[www.womensrecoveryervices.org](http://www.womensrecoveryervices.org)

- ❑ 90-270 days; 20 bed capacity
- ❑ Women and children; Dual Diagnosis Capable
- ❑ Accepts private pay, insurance and county-funded clients



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## Licensed Residential Treatment Programs: *continued*

### **Campobello**

3250 Guerneville Rd. Santa Rosa, CA 95404

(707) 579-4066

[www.campobello.org/](http://www.campobello.org/)

- Detox, Residential, and Outpatient Day Treatment
- Accepts private pay and insurance (not a low-cost agency)

### **Azure Acres**

2264 Green Hill Rd. Sebastopol, CA

(877) 762-3735

<http://azureacres.crchealth.com/>

- Detox, Residential and Intensive Outpatient Day Treatment
- Accepts private pay and insurance (not a low-cost agency)

## Licensed Detoxification Programs:

### **Turning Point Orenda Detox Program (DAAC)**

1430 Neotomas Drive, Santa Rosa, CA 95401

(707) 565-7460

[www.daacinfo.org](http://www.daacinfo.org)

- 15 bed capacity; Adult co-ed; based on social model of treatment care
- Sliding scale for Sonoma residents, \$50 for non-residents
- Accepts private pay, insurance and county-funded clients. No one turned away for lack of funds.

## Unlicensed Residential Programs:

### **Redwood Gospel Mission**

Santa Rosa, CA

[www.srmission.org](http://www.srmission.org)

- The New Life Program (men only), 10-14 months (707) 542-4817
- Manna Home (women only) 10 months, 12 bed capacity (707) 576-1471
- Christian-oriented, non-smoking; No charge, based on need

### **Lytton Springs Adult Recovery Center (Salvation Army)**

200 Lytton Springs Road, Healdsburg, CA

(707) 433-7404

- 180-270 days; 110 bed capacity
- Men only; Christian-based program, work therapy
- No charge to those who qualify

### **Victory Outreach**

525 Roseland Avenue, Santa Rosa, CA

(707) 541-0978

- 90 days plus; 14-20 bed capacity
- Adults, with men-only and women-only facilities
- Christian recovery principles (bible and faith based);
- Requires one year commitment to sober living residence and bible study

## **ADDITIONAL SUBSTANCE-RELATED RESOURCES**

### **Alcoholics Anonymous (AA)**

(707) 544-1300

[www.sonomacountyaa.org/](http://www.sonomacountyaa.org/)

### **Al-Anon (friends/family members)**

(707) 575-6760

[www.ncwsa.org/](http://www.ncwsa.org/)

### **Adult Children of Alcoholics (ACA)**

(707) 763-2581

[www.allone.com/12/aca/](http://www.allone.com/12/aca/)

### **Narcotics Anonymous**

(707) 575-7831

[www.sonomacountyna.org/](http://www.sonomacountyna.org/)

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