



## LGBTQQI Resources

Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Intersexed  
Student Health Services at Santa Rosa Junior College

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[www.posimages.org](http://www.posimages.org)

[www.posimage@sonic.net](mailto:www.posimage@sonic.net)

**Positive Images** is a community education resource and support group for Gay, Lesbian, Bisexual, Transgendered, Intersexed, Queer and Questioning youth and young adults in Sonoma County. Positive Images provides a safe space for teens and young adults and community educational services for high schools, businesses, community-based organizations, colleges, hospitals, social service departments, and organizations interested in learning more about the issues facing GLBTQQI youth and young adults. GLBTQI numbers at the Teen Health Coalition.

PI line	707-568-5830
Toll-free number	866-PI-LGBTQ
An all-community hot-line/information	707-526-0442
Personal and family counseling: James Foster, MFT	707-579-4947

[www.ourverity.org](http://www.ourverity.org)

We, the women and men of **Verity** (formerly United Against Sexual Assault), working in partnership with the community, strive to eliminate all forms of violence, with a special focus on sexual assault and abuse. Sexual assault is an unacceptable and unconscionable form of oppression, which is destructive to the lives of survivors, their families, and friends. Verity facilitates healing and promotes the prevention of violence by providing counseling, advocacy, intervention, and education, in our communities.

What to do if you have been assaulted:

- Get to a safe place as soon as possible. Your immediate safety is first.
- Call a friend or family member; someone you trust, for support.
- Call Verity 24/7 Hotline for support. 707-545-7273 – speak confidentially with a victim advocate.

[www.plannedparenthood.org/planned-parenthood-northern-california](http://www.plannedparenthood.org/planned-parenthood-northern-california)

**Planned Parenthood Shasta Pacific** is a non-profit health organization that has been helping women, men and teens make responsible choices for 83 years. Since 1923, Planned Parenthood has been committed to delivering the highest quality reproductive health care, teaching responsible and age-appropriate sexuality education.

Toll-free number	800-230-PLAN
Santa Rosa Health Center	707-527-7656

[www.swhealthcenter.org](http://www.swhealthcenter.org)

**Vista Family Health Center** is dedicated to providing excellent, affordable medical care and health education in a supportive and culturally appropriate environment. We are committed to acting as advocates for the physical, emotional, and spiritual well-being of the individuals in our community.

Vista Family Health Center	707-303-8911
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[www.f2f.org](http://www.f2f.org)

**Face to Face's** mission is to improve the lives of people affected by HIV, and to eliminate new infections.

Sonoma County AIDS Network	707-544-1581
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[www.saysc.org](http://www.saysc.org)

**SAY** collaborates closely with local communities and schools to address and help meet the needs of young people and their families. Services include: A crisis line for adolescents and parents; a shelter for runaway and homeless youth that focuses on family reunification; individual, family, and group counseling; school-based drug and alcohol prevention and education; youth employment services; family advocacy; mentoring; and a supportive housing program for young adults out of foster care.

SAY Crisis Hotline: 888-729-0012	SAY Administrative Offices: 800-544-3299, 707-544-3299
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<http://goaskalice.columbia.edu/>

**Go Ask Alice** -Columbia University Health Services answers questions on relationships; sexuality; sexual health; emotional health; fitness and nutrition; alcohol, nicotine and other drugs and general health.

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FOR LOCATIONS, HOURS & SERVICES PROVIDED BY STUDENT HEALTH SERVICES GOTO [www.santarosa.edu/StudentHealthServices](http://www.santarosa.edu/StudentHealthServices) OR CALL 527-4445

## LGBTQQI Resources continued

[www.sfsi.org](http://www.sfsi.org)

**San Francisco Sex Information** provides accurate, non-judgmental information about sex.

SFSI Questions by phone  
SFSI Questions by email

415-989-7374  
ask-us@sfsi.org

[www.now.org/issues/lgbi/resources.html](http://www.now.org/issues/lgbi/resources.html)

**The NOW** resource list provides resources that can be useful to your work of combating homophobia, biphobia and transphobia in your local community. NOW has included information about political, educational and family organizations that are committed to this work. NOW has also included specific resources (guides, factsheets, films and books) that can assist you in addressing homophobia, biphobia and transphobia in any aspect of your work around LGBT issues. There are resources in Spanish as well for the Latino/a community.

[www.hrc.org](http://www.hrc.org)

**The Human Rights Campaign** is America's largest civil rights organization working to achieve lesbian, gay, bisexual and transgender equality. By inspiring and engaging all Americans, HRC strives to end discrimination against LGBT citizens and realize a nation that achieves fundamental fairness and equality for all.

HRC seeks to improve the lives of LGBT Americans by advocating for equal rights and benefits in the workplace, ensuring families are treated equally under the law and increasing public support among all Americans through innovative advocacy, education and outreach programs.

[www.nsrc.sfsu.edu](http://www.nsrc.sfsu.edu)

**National Sexuality Resource Center** is a project of the Human Sexuality Studies Program at San Francisco State University that gathers and disseminates the latest accurate information and research on sexual health, education, and rights. Through active outreach to advocates, academics, researchers, policy makers, and diverse communities, NSRC initiates constructive dialogues-both online and face-to-face on sexuality to promote social justice and improve the quality of life in the United States.

National Sexuality Resource Center

415-817-4515

[www.siecus.org](http://www.siecus.org)

**Sexuality Information and Education Council of the U.S. (SIECUS)** provides advice on contraception, sexuality and sex education.

[www.ppacca.org](http://www.ppacca.org)

**Planned Parenthood Affiliates of California** provides information on California legislation, major reproductive health issues and how to have your voice heard in the capitol.

[www.rainn.org](http://www.rainn.org)

**The Rape, Abuse & Incest National Network (RAINN)** is the nation's largest anti-sexual assault organization. RAINN operates the **National Sexual Assault Hotline at 1-800-656-HOPE** and carries out programs to prevent sexual assault, help victims and ensure that rapists are brought to justice. Inside, you'll find statistics, counseling resources, prevention tips, news and more.

[www.stoptheviolence.org](http://www.stoptheviolence.org)

**Domestic Violence Clearinghouse** is a legal hotline providing information and legal service for survivors, family members and perpetrators of partner abuse.

Free Legal Helpline

808-531-3771

[www.iwannaknow.org](http://www.iwannaknow.org)

**American Social Health Association** gives facts on sexually transmitted infections and teen health.

<http://www.guttmacher.org>

**Alan Guttmacher Institute** is a non-profit organization providing reproductive health research, policy analysis and public education. Browse news, statistics and family planning articles.

[www.cdc.gov](http://www.cdc.gov)

**Centers for Disease Control and Prevention** gives the most up-to-date information on all diseases and infections.

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