LGBTQQI Resources
Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Intersexed
Student Health Services at Santa Rosa Junior College

www.posimages.org
www.posimage@sonic.net

Positive Images is a community education resource and support group for Gay, Lesbian, Bisexual, Transgendered, Intersexed, Queer and Questioning youth and young adults in Sonoma County. Positive Images provides a safe space for teens and young adults and community educational services for high schools, businesses, community-based organizations, colleges, hospitals, social service departments, and organizations interested in learning more about the issues facing GLBTQI youth and young adults.

GLBTQI numbers at the Teen Health Coalition.

- PL line 707-568-5830
- Toll-free number 866-PL-LGBTQ
- An all-community hot-line/information 707-526-0442
- Personal and family counseling: James Foster, MFT 707-579-4947

www.ourverity.org
We, the women and men of Verity, formerly United Against Sexual Assault, working in partnership with the community, strive to eliminate all forms of violence, with a special focus on sexual assault and abuse. Sexual assault is an unacceptable and unconscionable form of oppression, which is destructive to the lives of survivors, their families, and friends. Verity facilitates healing and promotes the prevention of violence by providing counseling, advocacy, intervention, and education, in our communities.

What to do if you have been assaulted:
- Get to a safe place as soon as possible. Your immediate safety is first.
- Call a friend or family member; someone you trust, for support.
- Call Verity 24/7 Hotline for support. 707-545-7273 – speak confidentially with a victim advocate.

www.plannedparenthood.org/planned-parenthood-northern-california

Planned Parenthood Shasta Pacific is a non-profit health organization that has been helping women, men and teens make responsible choices for 83 years. Since 1923, Planned Parenthood has been committed to delivering the highest quality reproductive health care, teaching responsible and age-appropriate sexuality education.

- Toll-free number 800-230-PLAN
- Santa Rosa Health Center 707-527-7656

www.swhealthcenter.org

Vista Family Health Center is dedicated to providing excellent, affordable medical care and health education in a supportive and culturally appropriate environment. We are committed to acting as advocates for the physical, emotional, and spiritual well-being of the individuals in our community.

Vista Family Health Center 707-303-8911

www.saysc.org

SAY collaborates closely with local communities and schools to address and help meet the needs of young people and their families. Services include: A crisis line for adolescents and parents; a shelter for runaway and homeless youth that focuses on family reunification; individual, family, and group counseling; school-based drug and alcohol prevention and education; youth employment services; family advocacy; mentoring; and a supportive housing program for young adults out of foster care.

SAY Crisis Hotline: 888-729-0012  SAY Administrative Offices: 800-544-3299, 707-544-3299

http://goaskalice.columbia.edu/

Go Ask Alice -Columbia University Health Services answers questions on relationships; sexuality; sexual health; emotional health; fitness and nutrition; alcohol, nicotine and other drugs and general health.

FOR LOCATIONS, HOURS & SERVICES PROVIDED BY STUDENT HEALTH SERVICES GOTO www.santarosa.edu/StudentHealthServices OR CALL 527-4445

7/15
LGBTQQI Resources continued

www.sfsi.org
San Francisco Sex Information provides accurate, non-judgmental information about sex.

SFSI Questions by phone 415-989-7374
SFSI Questions by email ask-us@sfsi.org

www.now.org/issues/lgbi/resources.html
The NOW resource list provides resources that can be useful to your work of combating homophobia, biphobia and transphobia in your local community. NOW has included information about political, educational and family organizations that are committed to this work. NOW has also included specific resources (guides, factsheets, films and books) that can assist you in addressing homophobia, biphobia and transphobia in any aspect of your work around LGBT issues. There are resources in Spanish as well for the Latino/a community.

www.hrc.org
The Human Rights Campaign is America’s largest civil rights organization working to achieve lesbian, gay, bisexual and transgender equality. By inspiring and engaging all Americans, HRC strives to end discrimination against LGBT citizens and realize a nation that achieves fundamental fairness and equality for all.

HRC seeks to improve the lives of LGBT Americans by advocating for equal rights and benefits in the workplace, ensuring families are treated equally under the law and increasing public support among all Americans through innovative advocacy, education and outreach programs.

www.nsrc.sfsu.edu
National Sexuality Resource Center is a project of the Human Sexuality Studies Program at San Francisco State University that gathers and disseminates the latest accurate information and research on sexual health, education, and rights. Through active outreach to advocates, academics, researchers, policy makers, and diverse communities, NSRC initiates constructive dialogues—both online and face-to-face on sexuality to promote social justice and improve the quality of life in the United States.

National Sexuality Resource Center 415-817-4515

www.siecus.org
Sexuality Information and Education Council of the U.S. (SIECUS) provides advice on contraception, sexuality and sex education.

www.ppacca.org
Planned Parenthood Affiliates of California provides information on California legislation, major reproductive health issues and how to have your voice heard in the capitol.

www.rainn.org
The Rape, Abuse & Incest National Network (RAINN) is the nation's largest anti-sexual assault organization. RAINN operates the National Sexual Assault Hotline at 1-800-656-HOPE and carries out programs to prevent sexual assault, help victims and ensure that rapists are brought to justice. Inside, you'll find statistics, counseling resources, prevention tips, news and more.

www.stoptheviolence.org
Domestic Violence Clearinghouse is a legal hotline providing information and legal service for survivors, family members and perpetrators of partner abuse.

Free Legal Helpline 808-531-3771

www.iwannaknow.org
American Social Health Association gives facts on sexually transmitted infections and teen health.

http://www.guttmacher.org
Alan Guttmacher Institute is a non-profit organization providing reproductive health research, policy analysis and public education. Browse news, statistics and family planning articles.

www.cdc.gov
Centers for Disease Control and Prevention gives the most up-to-date information on all diseases and infections.