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STUDENT HEALTH SERVICES  
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## **General**

Student Health Services offices will operate at both the Santa Rosa and Petaluma campuses, with some services provided intermittently at other college locations. The level of service will vary depending on funding, assessment data and demonstrated need. Services are available for students during the fall and spring semesters and the summer session.

The Health Services Advisory Committee, a Presidential Advisory Committee, will regularly evaluate current services relative to college needs, review health fee income and expenditures identify materials and services not covered by the Student Health Fee for determining optional fees, and make suggestions and recommendations to the Director of Student Health Services and District administration. Any charges for materials will not exceed their actual cost to Student Health Services.

## **Clinical Care Services**

Clinical care services are primarily provided by District employed College Nurse Practitioners. Physician contracts are generated to provide clinical consultation services, and direct physician services periodically during the year. Students may see a physician only after receiving an authorized referral from a College Nurse Practitioner.

### **1. Assessment, Intervention and Referral for Acute Physical Conditions**

College Nurse Practitioner and Physician services are provided for acute illnesses and injuries, within the scope of the Student Health Services' Standardized Procedures, which are agreed upon on an annual basis by the Director of Student Health Services, the Vice President of Student Services, and the consulting physicians.

Included are specific parameters for use of laboratory work, approved procedures, and the dispensing of prescription and non-prescription medications. Students needing services or materials not included in the Standardized Procedures will be referred to community healthcare resources and any associated costs will be the responsibility of the student. Ongoing clinical care for chronic, long-term conditions is not provided and appropriate referrals will be made.

### **2. First Aid and Basic Emergency Care**

All employees in Student Health Services are certified in CPR and First Aid. Basic life support, first aid, and assessment for additional emergency care needs are provided in the Student Health Services' offices when staff is on duty. Transportation to community healthcare resources will be arranged as needed. Providers employed by Student Health Services with other specialized emergency care certifications will not be limited from using their skills in emergency situations, as long as all procedural requirements are followed. Student Health Services provides consultation to

staff about and recommends policy on emergency medical procedures, and participates in District staff development activities addressing medical issues in the classroom. Health Appraisal Health screenings are provided to students by qualified personnel, including blood pressure checks, vision and hearing screenings, simple laboratory tests, and mental health screenings. Health risk assessment services are provided, with appropriate counseling and referrals.

### 3. Communicable Disease Control

In order to control communicable diseases in the college community, disease screening, treatments, case management support services, immunizations, and other prevention services are provided in collaboration with the Sonoma County Department of Health Services and other agencies. All clinicians are required to report a case or suspected case of specific communicable diseases, as mandated by the State and local public health department.

Student Health Services makes immunization and health screening requirement recommendations for various District programs, based on public health and national college health standards. Student Health Services provides assistance to students in meeting academic program health requirements either through direct services or referrals to community providers.

### 4. Reproductive Health Care

The majority of reproductive health services Student Health Services offers students are provided via collaborative agreements with outside healthcare agencies. The District provides accessible facilities, appointment booking, and outreach information to students, while the outside agency provides personnel, billing services, lab work, medical record management, and liability coverage for the services they provide. Services include diagnosis and treatment of sexually transmitted infections, birth control, breast cancer screening, pregnancy counseling, and health education.

## **Mental Health Care**

Mental health services are provided primarily by Student Psychological Services (SPS), an on-going program within Student Health Services. The program maintains a supervised psychology internship program, with graduate-level psychology interns providing direct therapy services for students. Consultations, case management and preventive mental health services are provided as well.

### 1. Mental Health Crisis Management

Student Psychological Services staff and/or College Nurse Practitioners provide initial care in the health center for those experiencing a psychological emergency. Psychology interns are also available for drop-in crisis intervention and referral services, at a specified time at the Santa Rosa and/or Petaluma campuses daily. Licensed mental health professionals and/or College Nurse Practitioners provide crisis intervention services during clinical hours when Student Psychological Services interns are not available. Providers assess the student's need for further care either at the Student Health Services department or by an outside agency. Referral to District Police and/or Sonoma County Behavioral Health is made when a student is determined to be a danger to self or others.

### 2. Crisis Intervention Resource Team (CIRT)

The District's Crisis Intervention Resource Team (CIRT) is a multidisciplinary group of District professionals facilitated through Student Health Services under the authority of the Superintendent/President. CIRT provides consultation and support services in the development of intervention plans for reported students of concern, with a focus on student retention and success. CIRT also provides staff development training on early recognition and response to disruptive and dangerous situations in classrooms, service settings, and District public spaces. CIRT works with the adjudicators of Student Code of Conduct violations as needed, communicating necessary information during investigations. Records regarding students of concern are maintained in a confidential manner.

### 3. Short-term Psychological Counseling

Short-term therapy is provided by psychology interns in conjunction with a licensed psychologist supervisor. Interns assess students and evaluate their needs, which may include suicide prevention, stress management, drug/alcohol treatment, help with an eating disorder, and/or treatment of psychological difficulties which affect their ability to perform academically or remain in school. Students with diagnosed chronic long-term conditions are referred to appropriate community resources.

## Support Services

### 1. Confidentiality/Mandated Reporting

Student Health Services handles all protected health information in the department in compliance with State and Federal privacy laws. A *Provider Notice of Privacy Practices* is offered to every client receiving confidential services. Protected health information is released as mandated by law (for example, pertaining to communicable diseases, gunshot wounds, harm to self or others, child abuse), and when an individual authorizes, in writing, release of his/her protected health information to other healthcare providers or agencies. Providers within the department (physicians, nurse practitioners, psychology interns) share information with each other on an as-needed basis only.

### 2. Confidential Medical and Mental Health Treatment Records

Confidential medical and mental health treatment records, in physical and/or electronic form, document all clinical encounters with students and staff. All records are retained for seven years, per State law, and then destroyed.

### 3. Incident Reports

Incident reports generated throughout the District are sent to the Student Health Services department. Staff reviews them to identify student health follow-up needs, and to contact those that may qualify for Student Accident Insurance benefits. Copies of all correspondence will be forwarded to the Environmental Health and Safety office immediately for their review process and to the Human Resources Department when appropriate. Summary reports are provided to the District's Safety Committee.

### 4. Student Accident Insurance

Student Health Service's staff provides assistance to students that are filing claims under the District's Student Accident Insurance policy, due to injuries incurred during college sponsored activities. Records of claims initiated are kept in the Student Health Services office for seven years and communications are made with the Student Accident Insurance carrier as needed.

## Special Services

### 1. Health promotion and outreach

The Student Health Services professional staff integrates health counseling and education into all encounters with students. Staff may also offer classroom presentations and seminars, on a variety of physical and mental health related topics. Support groups are sponsored periodically on selected health issues.

Student Health Services collaborates with Sonoma County's Department of Health Services and other outside agencies to integrate health education and prevention programs into the college community. Consultations with college staff on health related topics are available, including integration of health issues into curricula and facilitating service learning opportunities. College-wide health awareness activities are offered in conjunction with various departments and agencies.

A broad selection of health information and resources is maintained by the department. A department WEB page provides current hours of operation and program information, listings of basic community health resources, and links to other key health information websites.

## 2. Athletic Screenings

Health screening and physical exam services are provided for the District's student-athletes as and facilitated through the Kinesiology, Athletics and Dance Department. These services are provided with funding from athletic instructional materials fees. The screenings focus on identifying risk factors, preventing injuries and meeting immunization requirements, through health history reviews and physical exams.

## 3. Teaching and Research

Student Health Services provides clinical practicum opportunities to a variety of health sciences and psychology students. All professional staff may function as mentors/teachers to students from SRJC and other educational institutions throughout the area. All clinical students are required to strictly adhere to confidentiality mandates and applicable District policies.

Student Health Services conducts research related to the clinical quality assurance process, program review and student learning outcomes monitoring, in order to contribute to the advancement of college health practice. Surveys are administered periodically to students, at point of service contacts, in classroom settings, and on-line to assist in the assessment, implementation, and evaluation of program activities. In-house database information is analyzed periodically as part of clinical outcomes measurements and utilization review. Any human subject research proposal must be authorized by the Director of Student Health Services in consultation with the Office of Institutional Research.

### **Staffing**

All staffing will be in accord with the minimum qualifications as specified in Title 5.

Required licensure and certifications for all professional staff will be verified upon hiring and monitored on an ongoing basis.