



LGBTQQI Resources

Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Intersexed

Student Health Services at Santa Rosa Junior College

www.posimages.org

www.posimage@sonic.net

Positive Images is a community education resource and support group for Gay, Lesbian, Bisexual, Transgendered, Intersexed, Queer and Questioning youth and young adults in Sonoma County. Group meetings are on Thursdays at 7pm at 200 Montgomery Drive Suite C, Santa Rosa. Positive Images provides a safe space for teens and young adults and community educational services for high schools, businesses, community-based organizations, colleges, hospitals, social service departments, and organizations interested in learning more about the issues facing GLBTQQI youth and young adults. GLBTQI numbers at the Teen Health Coalition.

PI line: (707) 568-5830
Toll-free number: (866) PI-LGBTQ
An all-community hot-line/information: (707) 526-0442
Personal & family counseling: James Foster, MFT: (707) 579-4947

www.ourverity.org

We, the women and men of **Verity** (formerly United Against Sexual Assault), working in partnership with the community, strive to eliminate all forms of violence, with a special focus on sexual assault and abuse. Sexual assault is an unacceptable and unconscionable form of oppression, which is destructive to the lives of survivors, their families, and friends. Verity facilitates healing and promotes the prevention of violence by providing counseling, advocacy, intervention, and education, in our communities.

What to do if you have been assaulted:

- Get to a safe place as soon as possible. Your immediate safety is first.
- Call a friend or family member; someone you trust, for support.
- Call Verity 24/7 Hotline for support: (707) 545-7273 – speak confidentially with a victim advocate.

www.plannedparenthood.org/planned-parenthood-northern-california

Planned Parenthood Shasta Pacific is a non-profit health organization that has been helping women, men and teens make responsible choices for 83 years. Since 1923, Planned Parenthood has been committed to delivering the highest quality reproductive health care, teaching responsible and age-appropriate sexuality education.

Toll-free number: (800) 230-PLAN
Santa Rosa Health Center: (707) 527-7656

www.swhealthcenter.org

Vista Family Health Center is dedicated to providing excellent, affordable medical care and health education in a supportive and culturally appropriate environment. We are committed to acting as advocates for the physical, emotional, and spiritual well-being of the individuals in our community. Offers a Transgender Clinic for gender-variant patients, as well as comprehensive HIV care and supportive services to LGBTQ individuals living with HIV/AIDS. Accepts Medi-Cal, Medicare, FamilyPACT, and Anthem or HealthNet Covered CA plans. Offers low-cost fees for qualifying individuals who are uninsured. English, Spanish. Monday-Saturday. Medi-Cal, Medicare, Other Insurances, Sliding Scale.

Vista Family Health Center: (707) 303-3600 3569 Round Barn Circle, Santa Rosa

www.f2f.org

Face to Face's mission is to improve the lives of people affected by HIV, and to eliminate new infections. Offers rapid HIV testing, care services and health education. Also offers housing assistance, benefits counseling, information, referrals, and transportation assistance. English, Spanish. Tuesday-Friday 9am-5pm. FREE.

Eligibility: none | Last updated: 5/28/15

Sonoma County AIDS Network: (707) 544-1581 873 Second St., Santa Rosa

www.saysc.org

SAY collaborates closely with local communities and schools to address and help meet the needs of young people and their families. Services include: A crisis line for adolescents and parents; a shelter for runaway and homeless youth that focuses on family reunification; individual, family, and group counseling; school-based drug and alcohol prevention and education; youth employment services; family advocacy; mentoring; and a supportive housing program for young adults out of foster care.

24/7 SAY Crisis Hotline: (888) 729-0012
SAY Administrative Offices: (800) 544-3299
(707) 544-3299

<http://goaskalice.columbia.edu>

Go Ask Alice -Columbia University Health Services answers questions on relationships; sexuality; sexual health; emotional health; fitness and nutrition; alcohol, nicotine and other drugs and general health.

www.glma.org

Gay and Lesbian Medical Association (GLMA)

Website and/or Phone Service Only

Directory of LGBTQ-friendly physicians. Programming and education on LGBTQ-specific health needs. Always available (24/7). FREE.

Gay and Lesbian Medical Association: (415) 255-4547

www.gaylesta.org

Gaylesta Mental Health Database

Website and/or Phone Service Only

Online database to find nearby LGBTQ-friendly therapists. English only. Always available (24/7). FREE.

www.voicesyouthcenter.org

<http://voicesyouthcenter.org/programs/sonoma>

V.O.I.C.E.S., Group LGBTQ Counseling

LGBTQ: Other Support and Services

714 Mendocino Ave, Santa Rosa, CA

Youth resource center that offers group LGBTQ counseling for FREE.

Eligibility: 16 to 24

Email contact: sunshine@lgbtqconnection.org
Phone: (707) 579-4327

GLBT National Help Center

<http://www.glnh.org>

Website and/or Phone Service Only

The Gay, Lesbian, Bisexual and Transgender (GLBT) National Hotline provides telephone, online private one-to-one chat and email peer-support, as well as factual information and local resources for cities and towns across the United States.

Always available (24/7). FREE.

Eligibility: Up to age 25

Email: help@GLBThotline.org
Toll-free hot-line: (888) 843-4564

Trans Lifeline

<http://www.translifeline.org>

Website and/or Phone Service Only

Support line that is staffed by transgender people for transgender people. Hours vary. FREE.

Eligibility: none

Toll-free hot-line: (977) 565-8860